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Find Your Passion: 25 Questions You Must Ask Yourself

FIND YOUR
PASSION



25 QUESTIONS YOU
MUST ASK YOURSELF

HENRI JUNTILA



Synopsis

Are You Ready to Finally Find Your Passion? What's the secret to living a life full of passion, purpose and meaning? The secret is that there is no secret. The answer is hiding in plain sight. This book is different from other books of its kind, because it nudges you to look inside. In "Find Your Passion: 25 Questions You Must Ask Yourself" you'll dive into questions that will help you uncover what makes you come alive. You'll learn to follow your inner excitement, which will result in you living a more passionate life. Wake Up Full of Excitement, Purpose and Passion Finding and following your passion seems like an easy process. You find your passion, and everything is smooth sailing from there. Unfortunately, it's not quite that easy. The reason many people aren't living their dreams is because they're held back by ideas, fears and conditioning. The truth is that you can live the life you secretly dream of living. Deep down, you already know it's doable, but you're afraid, uncertain, or just unsure about where to start. This book will not just give you cookie cutter advice you've heard before. It will give you questions that allow you to uncover your true passions. It may not happen overnight like many promise. But this is the first step in the right direction. These questions will empower you to trust yourself, because you already know what you need to do. Uncover the Truth About Living a Passionate Life In this book, you'll dip into the personal stories and experiences of Henri Junttila, who's doing work he loves, and has helped hundreds of others turn up the passion in their life. Here's a taste of what you'll discover when you read this book: How your definition of passion stops you from living the life you want A simple way to connect to your inner wisdom (and get the guidance you need) How to discover if you're on the right track (or on the wrong track) Tap into your personality to uncover your true passion and purpose Why using negativity can dramatically increase the positivity in your life How to activate the creative problem solving powers of your brain Uncovering what's really holding you back from getting what you want A powerful exercise that will help you easily overcome challenges in your life This book is filled with honest, practical, and down-to-earth strategies for tapping into your inner wisdom. You already have everything you need to live the life you want. You just have to learn how to listen. Are You Ready to Live a Passionate Life? Download this book now and turn up the excitement, purpose and meaning in your life. Simply scroll to the top of this page and click the buy button.

Book Information

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Customer Reviews

Well, I'm a fresh grad and was a little confused when I first bought this book, not really knowing what to do with my life. So, I was seeking for coaching and inspirations, and this book with some great reviews came to me. Overall, the book does what it claimed. The author provided me 25 steps to realizing my dream and my goal by asking questions and questions so that I got to reflect on my self. It helped me create some workbook on my career path, and I was quite satisfied with the result. I got to know my self a little better. However, what I actually dislike about this book is that it's too abstract for me. Some ideas are not so practical and somehow sounded dreamy (which may be inspiring for some people but not just the coaching I was looking for). So, if you are looking for some specific, practical, directional books, this one may not be for you. But if you need some mental boost and sparkling inspirations, you may want to consider this one :)

Henri writes about finding your Passion! It is not a quick read of 25 Questions, but more a work book to discover Yourself! Your Passions! and then put together the steps necessary to find out who and what you are looking for in yourself. Henri discovered at a young age it is not about the Money, The world and Travel, but digging deep to discover "What floats your boat". As I read the first 6 chapters, I thought about my journal and the blank pages, the Video camera and the lack of recordings and just my own personal level of procrastination and lack of staying with a plan to get THERE. We are often EXPERTS at sloughing through life and getting by. So if you need to shake your tree and get

out bed with an ELAN for live. Then this book is written for action, reading each Question and putting to paper your thoughts, dreams, desires and creating YOUR Future.

This book is a nice exercise in how to achieve a dream you already have, but if you are still looking for your passion, or feel adrift, this book will not help you find it.

I have read a lot of books in the self-help field. I like this one particularly because Henri has a kind and friendly way of writing, and because the questions he presents genuinely inspired me to look at what I was passionate about in a new way. If you continue to think the same thoughts, you'll continue to have the same results. Using the questions in Henri's book, I found a few insights so I could think in a different way about creating my passion. That is priceless. I recommend this book to anyone who feels stuck, and is willing to ask themselves questions. Henri gives good examples so it is easy to follow along -- just put in the time. I also recommend this book to coaches looking for insightful questions to ask their clients. There is much here that can lead anyone to a more exciting, vibrant, and satisfying life.

I've read Henri's book twice. Takes about an hour if read straight through and now I am going to read a 3rd time and do the written exercises. I have to say I had no expectations that such a young man could write such a gem, but it truly is. Some of the questions really make one rethink life, career, etc. He writes, and I paraphrase, "What would the future, passionate you say to you today?" It was pretty clear to me that my future you says, "quit your job and go find what you love." I believe things have a way of working out. When you put your intentions out to the universe in earnest and work towards making the change, rarely will one be disappointed. I can't say enough about this book. Read it a few times, do all the exercises and see your potential soar. Plan on adding to this review after I get through the exercises.

This was a fantastic book. Clear, concise and easy to read. One of the things I liked so much about this book, is not *just* related to unearthing one's passions, but a bit like traveling a road to self awareness. I believe this is Henri's gift as well, subsequently sharing it with us and encouraging us to take a deeper look within. This is the value I place on the book. I have a very deep passion for what I currently do with my work, but this book was incredibly useful in solidifying what I already knew to be true and to keep moving toward my goals. I highly recommend this book!

I was looking for a fairly simple and accessible book to use in a class that I teach (volunteer) at a local prison. This small book fits the need. Juntilla's book will win no awards for its literary genius or its philosophical depth. Much of it can seem repetitive and simplistic. However, that is exactly what this kind of book needs, a multi-faceted approach that builds on different variations and perspectives aiming at a very difficult goal - defining a life's passion, vision, mission. Juntilla's use of questions to engage the reader/participant at every step seeks to sharpen the focus and cull the valuable from the examination of one's life experience and highest aspiration. I will be utilizing the book with inmates who have decided to do something different with their lives, whose sentences may mean only a few months until release to those with life sentences. To get their lives on a positive, productive path, they need to anchor themselves in a vision for what their lives can become, setting aside and moving away from whatever their lives had been. For those who may be spending the rest of their lives inside prison (or for a decade or more), they pose a particular challenge. Without direction in their lives, they will mark time and do little, wasting the promise of their future, limited as it is by incarceration. The book does a great job of developing the pieces that need to come together to attain the vision, to identify the passion, exploring positives and examining negatives. It has a constant goal of reaching beyond the treadmill of daily life, of marking time whether inside or outside prison, to something personally meaningful and fulfilling. I think this will be very helpful in my work with the men.

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